

To Be a Sports Instructor in China

Prof. Li Chung Ming

Guangzhou Sports University

Swimming Teacher Registration

- In year 2006, China National Sports Commissioner trial run <Sports Instructor Competency Test Module>
- In year 2013, extensive national consultation conducted
- In year 2013, endorsed a <Common National Standard Assessment Guide of Swimming Teachers>
- 4 Levels of Swimming Teachers: Basic; Intermediate; High Level and Swimming Tutor
- Each levels has their own entrance requirements and designated training and examination
- Successful Certificate Holders will be registered by the Central Government

Swimming Teachers Registration Requirements

- All Swimming Teachers to be registered
- Valid life savings qualification is a must
- Basic Swimming Teacher Registration
 - Basic Teachers Training and examination
 - or
 - Vocational School Sports Certificate in Swimming
- Intermediate Swimming Teacher Registration
 - Basic Registration + 3 years teaching experience
 - complete intermediate level training and exam
 - or
 - Level II Sportsmanship Certificate in Swimming and
 - complete intermediate level training and exam
 - or
 - College Level Specialised in Swimming Qualification

Swimming Teachers Registration Requirements

- High Level Swimming Teacher Registration

- Sports Institute Swimming Specialty graduates
+ 5 years swimming teaching experience

or

- Intermediate Registration + 3 years teaching experience
- complete high level training and exam

- Swimming Teachers Tutor

- University qualification in swimming
- High Level Registration + 3 years experience
- complete Tutorship training and exam

(3) Examination

- Theory and Practical
- Theory examination questions drawn from the National Central Questions Bank
- Practical examinations to be conducted by designated examiners

Swimming Teachers Registration Requirements

(4) Examinations

Written Exam : 90 minutes

Practical Exam : according to a standard
package (15 minutes)

Validity : 2 years

Different Levels Examinations

Basic Registration	Intermediate	High Level
<p>Technical Skill: (50%) 100M Medley: 50M Breast 50M Crawl or Back (Male:2:05; Female: 2:30)</p>	<p>Technical Skill: (40%) 100M Medley: 50M Breast 25M Crawl 25M Back (Male:2:05; Female: 2:30)</p>	<p>Technical Skill: (30%) 60M Medley: 25M Butterfly 25M Crawl Crawl Turning + 10M (No time limit)</p>
<p>Teaching Skill: (50%) -Water confident -Breast stroke teaching</p>	<p>Teaching Skill: (60%) -Breast stroke; Crawl stroke; back stroke teaching - start</p>	<p>Teaching Skill: (70%) -Butterfly -turning</p>

Examination Details

- Written exam passing mark – 60
- Theory exam – 90 minutes
- Practical exam – 15 minutes
- Strokes assessment: 100M medley should be within time limit
- 2 strokes not pass, assessment failed
- Practical Exam:
 - 5 minutes prepare; teach 10 minutes
 - assessment of preparation, safety, teaching methodology and practice
 - Full mark:50; Passing Mark: 30
 - Failed in practical exam – disqualified

Basic Swimming Teacher Stroke Assessment

- Strokes assessment
 - Body Position (20 marks)
 - Leg kick (30 marks)
 - Arm action (20 marks)
 - Co-ordination (30 marks)
- Faults leading to disqualification
- Breast stroke
 - not follow 1 arm stroke, 1 leg kick and 1 breath pattern
 - leg kick without toe pointed outwards
- Crawl Stroke
 - flip kick not applied
 - elevated head position

Basic Swimming Teacher Stroke Assessment

- Strokes assessment
 - Body Position (20 marks)
 - Leg kick (30 marks)
 - Arm action (20 marks)
 - Co-ordination (30 marks)
- Faults leading to disqualification
- Back stroke
 - breast stroke leg applied
 - Alternate arms not applied

Basic Swimming Teacher Practical Marking Scheme

- Preparatory works including teaching aids and pool inspection (3 marks)
- Water safety measures and teaching (15 marks)
- Structure of Teaching including sequence of teaching; teaching practices; works intensity and clear teaching objectives (17 marks)
- Teaching methodology including proper demonstration; clear explanations; steps; faults and correction (15 marks)
- Total marks: 50; passing marks 30

Intermediate Level Swimming Teacher Stroke Assessment

- Stroke Assessment
 - basic techniques: 100m Medley (50m Breast; 25m Crawl ; 25m Back) (male in 2:05; female in 2:30)
 - Forward Starts Jump Assessment
(prepare position; swing and jump; flight; entry and gliding)
Faults leading to disqualification
head too far back; legs entry first
 - Assessment of breast stroke, crawl, back
- Practical examination (teaching of breast; crawl and back)

High Level Swimming Teacher Stroke Assessment

- Stroke Assessment
 - basic techniques: 60m Medley
(25m Butterfly; 25m Crawl ; tumble turn forward 10m crawl) (no time limitation)
 - Butterfly: Faults leading to disqualification
dolphins kick not applied; arm recovery below water level
 - Tumble turn: Faults leading to disqualification
unsuccessful turn; legs not pushing the wall
- Practical examination (teaching of breast; turns and starts)

Q&A
Thanks